

William B. Oigarden, Ph.D.
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Education

Ph.D.	Major: Counseling CACREP Accreditation Counselor Education and Supervision Specialization in Marital, Couple, and Family Counseling/Therapy	Barry University July 2013
M.A.	Counseling	Webster University March 2004
B.S.	Business Management	University of Phoenix January 2002

Doctoral Internships:

Co Instructor CSL 569 Psychopathology, Diagnosis and Treatment in Counseling

Graduate Assistant, Interim Dean of Counseling, Orlando, Florida

Graduate Assistant, Barry Family Enrichment Center Clinic Coordinator, Orlando, Florida

Private Practice Intern, Clinical specialty: Individual, Relational, Couples, and Family Therapy, Winter Park, Florida

Journal Peer Reviewer Intern, Journal of Marital and Family Therapy (JMFT) Virtual Internship Program (VIP)

Professional Licenses and Certifications

- State of Florida Licensed Mental Health Counselor, LMHC, MH9506
- National Certified Counselor, NCC, 219489
- Florida Department of Health Qualified Supervisor for LMHC and LMFT registered interns
- Florida Department of Children and Families, Certified Family Services Counselor
- Florida Certification Board, Certified Behavioral Health Technician, #2355
- National Institute of Corrections Thinking for a Change Facilitator

Professional Organizations

- National Board for Certified Counselors
- American Association for Marriage and Family Therapy
- Florida Association for Marriage and Family Therapy
- Florida Adlerian Society
- Chi Sigma Iota Honor Society, Beta Upsilon Chapter
- The Association for the Treatment of Sexual Abusers
- Florida Association for the Treatment of Sexual Abusers
- Society for Human Performance in Extreme Environments

Teaching Experience

Florida Department of Corrections, Hamilton Correctional Institution, Jasper, Florida, **Instructor, Course Designer, and Group Facilitator**, 2009-2015 (privatized 2013)

- Cognitive Behavioral Problem Solving Group
- Emotional Coping Group
- Basic and Advanced Anger Management Groups
- Conducted treatment for sexually violent predators as described by the Florida Department of Children and Families. This was conducted as pre-commitment detention treatment under "Jimmy Ryce Involuntary Civil Commitment for Sexually Violent Predators' Treatment and Care Act." Florida Statue 916.31-916.49. Qualified ATSA and FATSA Associate Clinical Member.
- National Institute for Corrections, Thinking for a Change

Florida Department of Children and Families, Northeast Florida State Hospital (NEFSH), Macclenny, Florida, **Instructor and Group Facilitator**, 2009

- Social Skills Training
- Medication Management
- Substance Abuse Treatment
- Emotional Coping
- Discharge Aftercare

Florida Hospital, Center for Behavioral Health, Orlando, Florida, **Clinical Preceptor**, 2002-2005

Orange County Public Schools, Mid-Florida Tech, Orlando, Florida, **Management and Supervision Instructor**, 1992-1994

- Custom designed courses for both business and industry needs for organizations such as Walt Disney World, Lockheed-Martin, Naval Air Warfare Center Training Systems Division, and Orange County Corrections
- State of Florida Vocational Teachers Certificate, Management and Supervision

Lockheed-Martin, formally Martin Marietta, Orlando, Florida, **Senior Technical Instructor**, 1983-1992

- Management & Organizational Development
- Employee and Labor Relations
- Substance Abuse Awareness (EAP)
- Ethics Emphasis in the Workplace
- Information Systems
- Production Technology Training Center
- Instructional & Media Resources Administrator
- Customer and International Training Task Leader
- Missile Ordnance Department

Psychology, Behavioral, and Mental Health Experience

Florida Department of Children and Families, Northeast Florida State Hospital (NEFSH), **Doctoral Level Behavioral Analyst, Psychology Department**, Macclenny, Florida, 2016-present

- Provide psychological services to 50+ residents with chronic mental illness by effectively assessing problem severity using standardized interviews, screening instruments, and risk assessments
- Conduct individual and group psychotherapy. Psychodynamic approach.
- Part of the pilot team implementing the medical model approach leading in JACHO accreditation.
- Complete initial psychological evaluations, annual addendums, and monthly progress notes
- Administer/interpret psychological assessments: Problem Severity (FARS), Columbia-Suicide Severity Rating Scale (C-SSRS), Hopelessness (BHS), and Violence Risk (HCR-20)
- Attend weekly treatment meetings with multi-disciplinary team to provide input regarding mental health issues, treatment progress and priorities, & discharge barriers
- Facilitate behavioral programming, psychosocial rehabilitation, and functional skills training
- Provide hospital-wide crisis counseling as a member of the Crisis Response Team (CRT)

Senior Human Services Counselor Supervisor, Macclenny, Florida, 2015-2016

- Supervise mental health professionals (LMHC and LCSW) who provide services to 300 people whose mental health needs cannot be met in community-based programs
- This facility is the largest provider of psychiatric service in the State of Florida, operating 613 beds and serves residents from 30 of the 67 counties in Florida
- Ensure productivity and quality of social service work, case management, and crisis counseling for six (6) direct reports serving residents with chronic mental illness
- Maintain vacancies, caseloads, and coverage needs for all shifts
- Promote performance improvement by conducting clinical chart audits, Recovery Team Performance monitoring, quarterly and annual evaluations, recognizing demonstrated excellence, and implementing communication protocols regarding agency policies

- Respond to internal and external requests and inquiries in a timely and efficient manner
- Complete bi-weekly time and attendance records, leave approvals, and ensure necessary trainings are completed
- Qualified Department of Health Chapter 491 Supervisor for LMHC and LMFT licensure

Florida Department of Corrections, Hamilton Correctional Institution, Jasper, Florida, **Instructor, Course Designer, and Group Facilitator**, 2009-2015 (privatized 2013)

- Licensed Psychotherapist
 - Adlerian, Object Relations, Narrative, Psychoeducational and Cognitive Behavioral therapies. Biopsychosocial Assessments, Treatment Plans, Case Management, Individual Therapy, and Discharge Planning
- Clinical Intervention
 - ICD-10 and DSM 5 disorders including adjustment disorders, depressive disorders, bipolar disorders, anxiety disorders, thought disorders, impulse control disorders, substance related disorders, personality disorders, and borderline intellectual functioning
- Psychoeducational and Process Group curriculum development and delivery
- Multi-Disciplinary Team Re-Entry Specialist

Florida Department of Children and Families, Northeast Florida State Hospital (NEFSH), Macclenny, Florida, **Human Services Counselor**, 2009

- Conducted individual counseling and group psychosocial therapy with seriously mentally ill persons
- Participated actively as a core member of the treatment team
- Facilitated return to the community
- Maintained regular contact with family
- Attended Baker Act court hearings and had frequent contact with Guardian Advocates and other significant persons to assure continuity of care

Community Counseling Center of Central Florida, Longwood, Florida, **Comprehensive Behavioral Health Assessor**, 2008

- Assessment included; Children's Functional Assessment Rating Scale (CFARS), Ages & Stages Questionnaires (ASQ), Child and Adolescence Needs and Strengths (CANS)

One Hope United, provider for the Florida Department of Children and Families, Orlando, Florida, **Certified Family Services Counselor**, 2007-2009

- Focused on the prevention of inappropriate out-of-home placement, strengthening and improving family functioning, and ensuring child safety. Provided in-home services to families and children. Assessed child and family safety and risk with the goal to ensure permanency placements.

Advanced Development of Individuals LLC, North Central Florida, **Licensed Psychotherapist and owner**, 2005-present

- Individual, Relational, Couples, and Family Therapy
- Office, Skype, and in-home therapeutic settings available

Florida Department of Children and Families, Orlando, Florida, **Crisis Counselor & Outreach Worker**, 2006

- Hurricane Katrina disaster relief

Florida Hospital, Center for Behavioral Health, Orlando, Florida, **Psychiatric Mental Health Counselor, Social Worker, and Certified Behavioral Health Tech**, 2002-2005

- Crisis Stabilization Unit (CSU), Adult and adolescent units

Lucent Technologies Microelectronics, Orlando Florida, **Employee Resource Center Representative**, 1999-2001

High-Tech Manufacturing, Instruction, and Technology Transfer Experience

Lucent Technologies Microelectronics, Orlando Florida, **Production Operations**, 1997-2001

- Microelectronics, HAZMAT Emergency Response, and Industrial Fire Fighting

Regal Marine Industries, Orlando, Florida, **Systems Engineer and Bill of Materials Coordinator**, 1995-1997

Orange County Public Schools, Mid-Florida Tech, Orlando, Florida, **Industry Services Coordinator**, 1992- 1994

- Coordinated six instructional staff, negotiated and provided various training for more than 40 business and industry clients throughout Central Florida

Lockheed-Martin, formally Martin Marietta, Orlando and Ocala, Florida, Baltimore Maryland, Albuquerque New Mexico, Frankfurt Germany, **Senior Technical Instructor** 1983-1992

- Instructional & Media Resources Administrator
- Customer and International Training Task Leader
- Management & Organizational Development
- Employee and Labor Relations
- Technology Transfer, Mitsubishi Heavy Industries and Messerschmitt Aerospace
- Information Systems
- Production Technology Training Center

Presentations, Workshops, and Publications

Oigarden, W. (2014). Thinking for a Change Graduation Keynote Speaker and Reflecting Team Demonstration, Hamilton Correctional Institution, Jasper Florida. Invited.

Oigarden, W.B. (2013). *Dyadic adjustment and personality traits in cave divers: An exploratory study* (Doctoral dissertation). ProQuest Dissertations and Theses. (Accession Order No. 3595398)

Heinerth, J. (Writer). (2012). Ben's Vortex [DVD]. In R. McClellan (Producer). High Springs, Florida: Heinerth Productions. Invited Psychology Consultant.

Heinerth, J., Oigarden, W., & Edits, (2008). Cave Diving: Articles and Opinions - A Comprehensive Guide to Cave Diving and Exploration (1st ed.). High Springs Florida: National Speleological Society - Cave Diving Section.

Oigarden, W. (2007). Cave Divers: A Mixed Methods Study of Lifestyle, Personality, and Psychobiology. First Annual South Georgia Regional MFT Student Conference at Valdosta State University, GA.

Oigarden, W. (2007). A Multi-Lens Investigation into Cave Diver's Lifestyles. Workshop Presentation at 12th Annual Florida Adlerian Society Conference Tampa, Florida.

Oigarden, W. (2007). A Multi-Lens Investigation into Cave Diver's Lifestyles Roundtable Discussion at Barry University 3rd Annual Research Day Miami Shores, Florida.

Oigarden, W. (2007). Cave Divers, Who are they? Poster presentation at the 20th Annual Conference on Interdisciplinary Qualitative Studies (QUIG), University of Georgia Athens, GA.

Oigarden, W. (2007). Cave Divers: A Mixed Methods Study of Lifestyle, Personality, and Psychobiology. National Speleological Society Convention, Human Sciences Section selected abstracts. Huntsville, AL.

Oigarden, W. (2006). How do Cave Divers view their family relationships? Poster presentation at the Florida Association for Marriage and Family Therapy (FAMFT) Annual Conference North Palm Beach, Florida. Awarded best FAMFT poster for 2006.

Oigarden, W. (2004-2007). Underwater Speleology, Journal of the National Speleological Society, Cave Diving Section. Contributing Journal Editor. Published bi-monthly journal containing current information on exploration, scientific discoveries, conservation, equipment innovation, and safety techniques of cave diving.